

## Order of Events

1-500 Free– 8:15am Start

2– 200 IM– 9:15am Start

3-100 Back

4- 200 Free

5- 200 Medley Relay

6-50 Breast

7- 100 IM

8- 50 Back

9- 100 Free

10- 50 Fly

11- 100 Breast

12– 50 Free



## Winter Sprinter Swim Meet

### Sunday, January 24, 2016 at Centennial Pool

Check-In 7am-8:30am / Day of Registration 7am - 7:45am

\$20 Early Bird/ \$25 Day of Race

Both USMS & non-USMS are welcome

Please submit estimated swim times for events

Heats will be created by estimated swim times

Can swim up to 5 individual events plus 2 relays

Relays will be formed on day of race– please sign up during check-in

Diving-well will be available for warm-up/cool down through-out the meet

Results will be available on the City of Longmont's website

**Swim Fast, Swim Hard, Make Friends and Have Fun!**

**How do I sign up?! Registration forms available at:**

Centennial Pool/ Longmont Recreation Center/ St. Vrain Memorial Building

OR

Online: [Winter Sprinter Registration](#)

# Swim Meet for Adults!